

Installation Instructions

Type 6

Heavy-Duty Motor Mounts

Fits – 86-97 Thunderbird and Cougars w/ 5.0 engine.

(Type 6.1 fits 86-88, Type 6.2 fits 89-92, Type 6.3 fits 93-97)

Note: Keep in mind that these are performance-style motor mounts. There will be an increase in vibrations transmitted into the cabin at idle, but with the benefits of improved strength and lessened engine movement.

Kit Includes:

- 1 Driver mount
- 1 Passenger mount
- 1 10mm x 1.50 x 110mm Hex head bolt
- 1 10mm x 1.50 x 120mm Hex head bolt
- 4 7/16-14 x 2.25" Hex head bolts
- 2 3/8" SAE F/W
- 4 7/16" SAE F/W
- 4 7/16" Lock Washer

Installation Instructions:

- 1.) Raise front of vehicle and support on jack-stands.
- 2.) Place a block of wood under oil pan and support engine with jack.
- 3.) Starting on the driver's side, remove the bolt attaching the motor mount to the K-member.
- 4.) Remove the two bolts holding the stock motor mount to the engine.
- 5.) Raise engine slightly and remove stock mount from vehicle.
- 6.) Attach new motor mount to engine and K-member using the new 7/16 -14 x 2.25" bolts and 7/16" SAE F/W and 7/16" Lock Washers included in the kit. Tighten all bolts at engine. Use some thread locker in lieu of lock washers if you desire.
- 7.) Lower engine and install new 10mm x 120mm bolt through mount and K-member. (If you have an original bolt, you can use it instead). Use a 3/8" washer under the head of the bolt. Leave loose at this time.
- 8.) Repeat steps 3-7 for the passenger side (Use 110mm bolt)
- 9.) Make any adjustments necessary and then tighten all hardware.
- 10.) Lower vehicle.

If you have any questions about this installation, please email me at cwarren@indy.net.