Installation Instructions
Type 6
Heavy-Duty Motor Mounts
Fits - 86-97 Thunderbird and Cougars w/ 5.0 engine.
(Type 6.1 fits 86-88, Type 6.2 fits 89-92, Type 6.3 fits 93-97)

Note: Keep in mind that these are performance-style motor mounts. There will be an increase in vibrations transmitted into the cabin at idle, but with the benefits of improved strength and lessened engine movement.

Kit Includes:
- 1 Driver mount
- 1 Passenger mount
- 1 10mm x 1.50 x 110mm Hex head bolt
- 1 10mm x 1.50 x 120mm Hex head bolt
- 4 7/16-14 x 2.25” Hex head bolts
- 2 3/8” SAE F/W
- 4 7/16” SAE F/W
- 4 7/16” Lock Washer

Installation Instructions:
1.) Raise front of vehicle and support on jack-stands.
2.) Place a block of wood under oil pan and support engine with jack.
3.) Starting on the driver’s side, remove the bolt attaching the motor mount to the K-member.
4.) Remove the two bolts holding the stock motor mount to the engine.
5.) Raise engine slightly and remove stock mount from vehicle.
6.) Attach new motor mount to engine and K-member using the new 7/16 -14 x 2.25“ bolts and 7/16” SAE F/W and 7/16” Lock Washers included in the kit. Tighten all bolts at engine. Use some thread locker in lieu of lock washers if you desire.
7.) Lower engine and install new 10mm x 120mm bolt through mount and K-member. (If you have an original bolt, you can use it instead). Use a 3/8” washer under the head of the bolt. Leave loose at this time.
8.) Repeat steps 3-7 for the passenger side (Use 110mm bolt)
9.) Make any adjustments necessary and then tighten all hardware.
10.) Lower vehicle.

If you have any questions about this installation, please email me at cwarren@indy.net.