

Installation Instructions

CWE - Type 7

Heavy-Duty Motor Mounts

Applications: 1983-85 Ford Sierra (Mk 1) (Euro) w/ 12V 2.8/2.9 V6 RWD
1983+ Ford Sierra (Mk 1&2) (Euro) w/ 12V 2.8/2.9 V6 4x4
Ford Sierra/Sapphire Cosworth 4x4
Mk 1 Ford Sierra (Euro) w/ 2.0 "Pinto" RWD

Notes: Keep in mind that these are performance-style motor mounts. There will be an increase in vibrations transmitted into the cabin at idle, but with the benefits of improved strength and lessened engine movement. It is also a good idea to recheck your driveshaft alignment after installation of these mounts, especially if you are using the two-piece driveshaft.

Kit Includes:

- 1 Driver mount
- 1 Passenger mount
- 4 10mm x 1.50 x 25mm Hex head bolts
- 4 small flat washers

Installation Instructions:

- 1.) Raise front of vehicle and support on jack-stands.
- 2.) Place a block of wood under oil pan and support with jack.
- 3.) Starting on the driver's side, remove the nut holding the isolator to the engine mount arm.
- 4.) Remove the two bolts holding the stock engine mount to the crossmember.
- 5.) Raise engine slightly and remove stock mount from vehicle.
- 6.) Attach new engine mount to engine using the new 10mm x 25mm bolts and washers included in the kit. The mounts come assembled properly for installation with the larger isolator bushing being on top. Tighten all bolts.
- 7.) Making sure to use one of the large stainless washers on the top and bottom of the bushings, run the large bolt up through the center sleeve of the engine mount and through the hole in the engine mount arm. Top with the washer and nut.
- 8.) Tighten the large through bolt. It is not necessary to tighten this bolt until the washers bottom out on the center sleeve. Doing so will artificially stiffen the bushing. Tighten the bolt until the upper bushing just starts to compress, or alternatively, tighten it until it stops, then back off 1 turn.
- 9.) Repeat steps 3-8 for the passenger side.
- 10.) Lower vehicle.

If you have any questions about this installation, please email me at cwarren@indy.net.